



DUCK BAY

GLUTEN FREE MENU



www.cawleyhotels.com

STARTERS

CHICKEN LIVER PARFAIT – 8.95

Toasted gluten free bread,
caramelised red onion marmalade

YAKITORI CHICKEN SKEWERS – 8.95

Garlic and chilli, shredded salad

ATLANTIC PRAWN COCKTAIL – 8.95

Avocado, crisp little gem, king prawn tempura

KING PRAWN SIZZLER – 9.95

Hot chilli and garlic sauce,
toasted gluten free garlic bread

CHAR-GRILLED HALLOUMI – 8.95

Chilli and tomato jam, toasted gluten free ciabatta

SEARED KING SCALLOPS – 11.95

Crisp Parma ham, apple purée

HEIRLOOM TOMATO SALAD – 7.95

Fresh basil, pesto dressing, pickled red onions, rocket
ADD burrata mozzarella – 1.95

CULLEN SKINK – 8.95

Scottish, creamy, smoked haddock soup, leek & potato

SEASONAL SOUP & CRUSTY BREAD – 5.95

GRILLED GOATS CHEESE CROSTINI – 8.95

Caramelised red onion marmalade,
seasonal leaves, pesto dressing

STEAMED SHETLAND MUSSELS – 10.95

Choose your sauce from: white wine, garlic & cream,
Thai spiced with coconut cream or leeks, pesto & bacon

CRISPY TEMPURA (STARTER | MAIN)

Light chilli and coriander batter, sweet chilli dip

Vegetable 7.95 | 13.95

Chicken 8.95 | 15.95

King Prawn 9.95 | 16.95

Mixed 8.95 | 15.95

STARTERS TO SHARE

DUCK BAY SEAFOOD PLATTER – 19.95

Mini prawn cocktail, mussels marinere, prawn tempura,
smoked salmon with capers and lemon, fish goujons

DUCK BAY SHARING PLATTER – 18.95

Crispy chicken tempura, chicken liver pâté,
grilled goats cheese, Parma ham, prawn pil pil

SPECIALITY

WAGYU BEEF BURGER – 18.95

Gruyere cheese, smoked Applewood bacon,
caramelised onion chutney, cajun fries, onion ring

LOBSTER & KING PRAWN GLUTEN FREE PASTA – 25.95

Garlic butter, Pomodoro sauce, fresh basil, Parmesan shavings

SPICED LAMB CASSEROLE – 16.95

With peppers, pineapple, coriander rice pilaf, spiced onions

DUCK BAY SCOTTISH SEAFOOD GRILL – 23.95

Seasonal greens, caramelised lemon

SANDWICH SELECTION

(Served from 12noon - 5pm)

Choice of gluten free White or Brown Bread
with your choice of filling from below

SAVOURY CHEESE | EGG MAYONNAISE – 6.95

PRAWNS MARIE ROSE | TUNA MAYONNAISE
CORONATION CHICKEN | HAM & MUSTARD
SLICED CHICKEN & SALAD – 7.95

ADD a bowl of homemade soup or fries – 2.50

HOT SANDWICH SELECTION

CROQUE MONSIEUR – 9.95

Baked ham and cheese sandwich, Béchamel sauce

CROQUE MADAME – 10.95

Baked ham and cheese sandwich, Béchamel sauce,
topped with a fried egg

TRADITIONAL CLUB SANDWICH – 10.95

Served with a fried egg

STEAK CIABATTA – 12.95

Char grilled steak, Dijon mustard,
caramelised red onion marmalade, rocket leaves

ADD fries – 2.50

FROM THE GRILL

All of our steaks are dry-aged and matured by our
trusted butcher. Served with whole roasted tomato,
portobello mushroom and a side of real chips or fries

PRIME SCOTTISH BEEF RIB EYE 8OZ – 26.95

Has marbled fat for extra flavour

SIRLOIN 8OZ – 27.95

PRIME SCOTTISH BEEF FILLET

6OZ – 27.95 | 10OZ – 39.95

SIGNATURE TOMAHAWK SHARING PLATTER – 89.95

Served with flat cap mushrooms, vine cherry tomatoes,
watercress, choice of two sauces,
choice of two sides

ADD half lobster – 19.95

STEAK SAUCES – 3.50

red wine | mixed peppercorn | whisky mustard
blue monday cheese

STEAK TOPPERS

Mini Mac & Cheese – 3.95

Garlic King Prawns – 5.95

MAIN COURSE

ROAST BREAST OF CHICKEN DARRACH – 16.95

Dauphinoise potato, broccoli, whisky cream sauce

FINNAN HADDOCK DUNCRYNE – 15.95

Poached Finnan haddock, creamy cheese & chive sauce,
creamed potatoes, topped with Scottish cheddar,
seasonal vegetables

ADD bacon bits – 1.95

PRIME STEAK BURGER – 14.95

Gluten free brioche bun, traditional burger sauce, fries, onion ring
ADD cheddar | blue cheese | bacon – 1.95 EACH

THREE CHEESE MACARONI – 13.95

Isle of Mull Cheddar glaze, garlic & herb bread

UPGRADE TO: King prawn and spring onion – 5.95

Chorizo and jalapeño – 4.50

Bacon & Parmesan – 2.50

SWEET POTATO, SPINACH AND CHICKPEA CURRY – 13.95

Coriander rice pilaf

CHICKEN SATAY SKEWERS – 15.95

Coriander rice pilaff, pickled cucumber &
mint salad, satay sauce

CHICKEN SWISS CHEESE – 15.95

Topped with bacon, leeks, swiss cheese,
white wine cream and seasonal vegetables

OVEN ROASTED SCOTTISH SALMON FILLET – 16.95

Seasonal greens, lemon butter sauce,
roasted vine tomatoes

VEGAN SHEPHERDS PIE – 14.95

Seasonal vegetables, new potatoes

CLASSIC FISH & CHIPS – 14.95

Battered haddock fillet, mushy peas,
tartare sauce, real chips or fries, lemon

THAI SPICED BREAST OF CHICKEN – 14.95

Stir fry veg, pilaf rice, coconut,
lime & sweet chilli sauce,
prawn cracker

SIZZLING FAJITAS

Gluten free tortillas, salsa, sour cream,
guacamole, grated mozzarella

Vegetable 13.95 | Chicken 15.95

King Prawn 17.95 | Mixed 16.95

SALADS

CLASSIC CAESAR SALAD – 11.95

Parmesan shavings, anchovies, bacon, Caesar dressing

ADD char grilled chicken breast – 2.95

ADD king prawns – 2.95 ADD hot smoked salmon – 3.95

CHICKEN AND BACON SALAD – 14.95

Smoked Applewood Cheddar, honey roasted cashews,
seasonal leaves and herb dressing

SUPER FOOD BOWL – 14.95

Smashed avocado with shredded beetroot, cauliflower couscous,
pomegranate and mixed salad, broccoli,
cottage cheese, toasted spicy seeds

ADD char grilled chicken – 2.95 | ADD salmon – 2.95

SIDES

FRIES – 3.95

ONION RINGS – 3.95

REAL CHIPS – 3.95

CHILLI & PARMESAN FRIES – 4.25

CAJUN FRIES – 4.25

CAJUN SWEET POTATO FRIES – 4.95

HEIRLOOM TOMATO SALAD – 4.95

DAUPHINOISE POTATOES – 4.95

TENDERSTEM BROCCOLI, LEMON OIL & SEA SALT – 4.95

BACON & CHEESE FRIES – 4.95

MINI MAC & CHEESE – 4.95

TRUFFLE & PARMESAN FRIES – 5.95

SWEETS

MINI MESS – 7.95

Mini meringues, raspberry compote,
sweetened cream, vanilla ice cream

AFFOGATO – 7.25

Vanilla ice cream with a shot of espresso
ADD a liqueur of your choice – 3.50

STICKY TOFFEE PUDDING – 7.95

Butterscotch sauce, vanilla ice cream

VEGAN CARAMEL CHOCOLATE BROWNIE – 7.95

Seasonal berries, vegan vanilla ice cream

BANOFFEE PIE SUNDAE – 8.95

Caramel sauce, sliced bananas,
Chantilly cream, ice cream

SNOWBALL SUNDAE – 8.95

Raspberry ripple ice cream, snowball,
crushed meringue, raspberry sauce,
glazed marshmallow, toasted coconut

DUCK BAY STICKY TOFFEE SUNDAE – 8.95

Sticky toffee pudding, butterscotch sauce,
Chantilly cream, vanilla ice cream,
crushed meringue

SCOTTISH CHEESE SELECTION – 9.95

Mini oaties, chutney, grapes.

Please ask your server for today's selection

FOOD ALLERGENS & INTOLERANCES:

Our products are made with ingredients that may contain allergens. Please speak to your server if you require allergen information.

 Denotes Vegetarian

 Denotes Vegan