



DUCK BAY

GLUTEN FREE MENU



www.cawleyhotels.com

STARTERS

Seasonal Soups of the Day ▼

gluten free bread roll, butter 7.95

Crispy Potato Skins ▼

crispy deep fried potato skins, seasonal salad, curried mayo dip 8.95

Crispy Chilli & Hot Honey Halloumi Bites ▼

spring onions, coriander 9.95

Chicken Liver Parfait

plum & apple chutney, toasted gluten free bread 10.95

Moules Marinière

white wine, shallots, garlic, butter, parsley, toasted gluten free ciabatta 11.95

Classic Prawn Cocktail

marie rose prawns, crisp leaves, tempura prawn 12.95

Gambas Pil Pil

king prawns, hot chilli & garlic oil, toasted gluten free bread 13.95

Seared Scallops

carrot & chilli purée, toasted coconut shavings 16.95

Crispy Tempura (Starter/Main)

garlic & lemon aioli, sweet chilli dipping sauce

Chicken 10.95 / 19.95

Vegetable 8.95 / 17.95 ▼

Prawn 11.95 / 21.95

Mixed 10.95 / 19.95

SHARING BOARDS

Duck Bay Sharing Platter

crispy chicken tempura with a sweet chilli dipping sauce, crispy potato skins, chicken liver parfait with plum & apple chutney, parma ham, crispy chilli & hot honey halloumi bites 26.95

Duck Bay Seafood Platter

mini prawn cocktail, mini gambas pil pil, fish goujons with tartar sauce, smoked salmon with capers, crispy prawn tempura with a sweet chilli dipping sauce 27.95

HOT SANDWICHES *(available from 12 - 5pm)*

All sandwiches are served with coleslaw & seasonal salad

Traditional Club Sandwich

served with a fried egg 14.95

Croque Monsieur

baked ham & cheese sandwich, béchamel sauce 14.95

Croque Madame

baked ham & cheese sandwich, béchamel sauce topped with a fried egg 15.95

Posh Fish Finger Sandwich

gluten free bun, battered fish fingers, lettuce, tartare sauce 15.95

Steak Ciabatta

mustard mayo, char-grilled steak, caramelised onions, rocket leaves 16.95

add a bowl of skinny fries 3.95

add a bowl of homemade soup 4.95

BUNS

All buns are served with coleslaw and fries

Classic Burger

gluten free bun, crisp lettuce, tomato, burger sauce 19.95

add cheese | bacon 2.95

Plant Based Burger vv

gluten free bun, plant-based patty, crisp lettuce, tomato, vegan mayo, crispy onions, tomato salsa 19.95

Buttermilk Chicken Burger

gluten free brioche bun, crispy chicken breast, crisp lettuce, tomato, ranch sauce 20.95

Short Rib Sliders

bacon jam, classic slaw 22.95

CLASSICS

Roast Breast of Chicken

creamed potatoes, buttered greens, peppercorn sauce 21.95

Sizzling Fajitas

soft flour tortillas, salsa, guacamole, sour cream, grated cheddar

Chicken 21.95

Vegetables 18.95 ▼

Prawn 23.95

Mixed 21.95

SEAFOOD

Classic Fish and Chips

battered haddock fillet, mushy peas, lemon, real chips or fries 20.95

Make it like the Chippy

add curry sauce & pickled onion 2.95

Smoked Haddock and Salmon Gratin

arran mustard cream sauce, braised leeks, creamed potatoes, with a cheddar cheese glaze & pangrattato 21.95

add bacon bits 2.5

Roast Salmon Fillet

almond & lemon butter sauce, seasonal greens, new potatoes 22.95

PASTA

Three Cheese Penne ▼

gluten free penne, with a cheddar cheese glaze & pangrattato, toasted gluten free garlic bread 17.95

add king prawn & spring onion 8.95

add leek & bacon 2.95

add spiced broccoli & parmesan 3.95

Traditional Beef Lasagne

seasonal salad, toasted gluten free garlic bread 19.95

add a bowl of skinny fries 3.95

Wild Mushroom & Spinach Risotto

finished with white truffle oil, parmesan shavings 19.95

Smoked Haddock & Pea Penne

rocket, herb oil, parsley, toasted gluten free garlic bread 21.95

FAVOURITES

Mixed Vegetable Dhal vv

sweet potato, spinach & green lentils, gluten free tortilla, house pickle salad 18.95

Chicken Enchilada

gluten free tortilla, served with fries and seasonal salad 18.95

Thai Spiced Breast of Chicken

rice pilaf, stir fry vegetables, coconut & lime sweet chilli sauce, prawn crackers 20.95

Chicken Milanese

pomodoro penne, basil, lemon 24.95

Kerala Fish Curry

coconut milk, pilau rice, gluten free tortilla 24.95

Highland Wagyu Burger

gluten free bun, streaky bacon, smoked applewood cheese, caramelised onion chutney, coleslaw, cajun fries 25.95

Spiced Salmon & King Prawn Penne

tomato, chilli, garlic, lime, parsley 25.95

BUTCHER BLOCK

All of our steaks are dry-aged and matured by our trusted butcher. Served with roasted tomato, portobello mushroom and a side of real chips or fries

Prime Beef Rib Eye 8oz 37.95

Prime Beef Fillet 8oz 42.95

Steak Sauces 3.95

red wine / mixed peppercorn / whisky mustard béarnaise / blue monday cheese

Steak Toppers

Mini Mac & Cheese 7.95

Four Garlic King Prawns 8.95

SIGNATURE

Chateaubriand for two

served with garlic roasted flat cap mushrooms, confit tomato, watercress, choice of two sauces, choice of two sides 99.95

Duck Bay's Classic Seafood Grill

mixed seafood grill with market selection served with garlic king prawns, creamed potatoes, seasonal greens and a lemon butter sauce 37.95

SALAD BOWL

Classic Caesar Salad

parmesan shavings, anchovies, bacon, caesar dressing 13.95

Superfood Bowl ▼

smashed avocado, shredded beetroot, cauliflower cous cous, pomegranate, broccoli, toasted seeds, seasonal leaves, cottage cheese 15.95

add charred halloumi 3.95

add goats cheese 4.95

add char-grilled chicken breast 5.95

add king prawns 8.95

Mambonita Cajun Chicken Salad

crisp gem lettuce, azuka beans, black rice, smashed avocado, chimichurri dressing 19.95

SIDES

Fries or Real Chips 4.95

Buttery Mash 4.95

Onion Rings 4.95

Cajun Fries 5.95

Sweet Potato Fries 5.95

House Salad 5.95

Chilli & Parmesan Fries 6.95

Truffle & Parmesan Fries 6.95

Tenderstem Broccoli, Lemon Oil 6.95

Mini Mac & Cheese 7.95

FOOD ALLERGENS & INTOLERANCES

Allergies & Intolerances : Although your meal is prepared with care, due to handling of allergens in our kitchen, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. Meat & fish dishes may contain small bones.

▼ = Vegetarian vv = Vegan